



RTIC Champion Development “Sequence of Engagement”

Who is in the room?



WHAT TO EXPECT IN JUST 60 MINUTES

**Learning: Sequence of
Engagement**

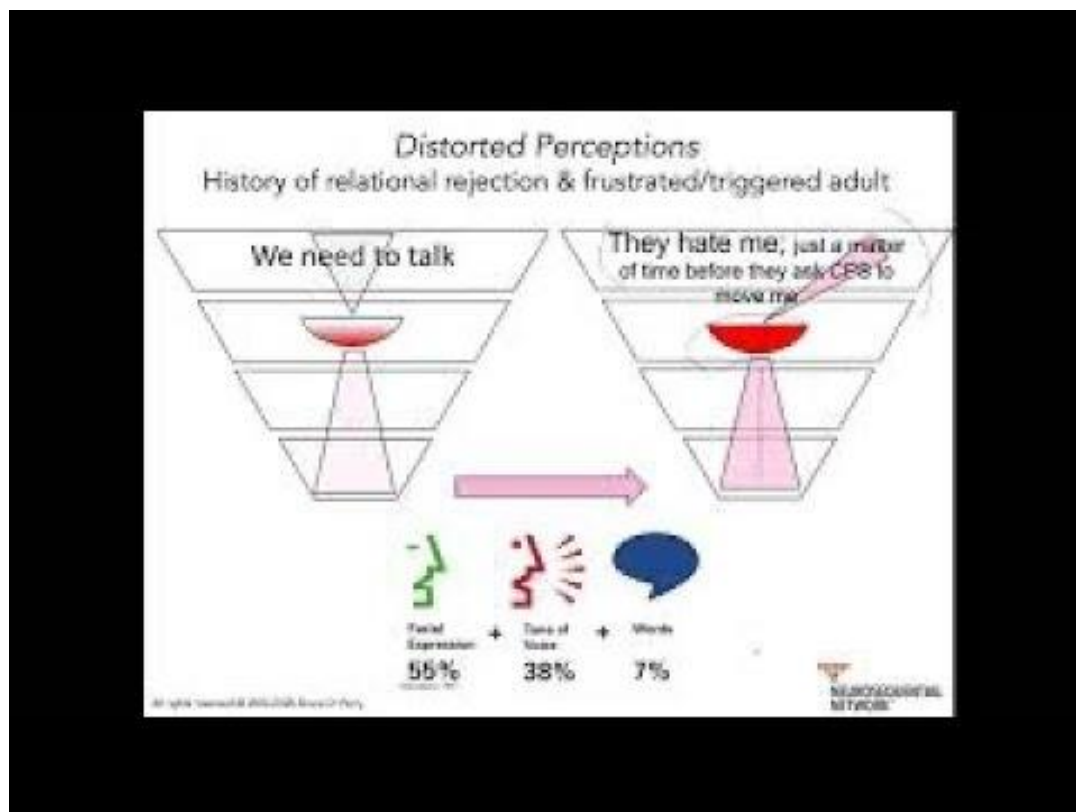
**Applying: Understanding how we
perceive situations and how we show up
can influence our thoughts, feelings and
actions.**

Explore Bruce
Perry's
Neurosequential
Model – Regulate,
Relate, and Reason

Review a
non-example of
Regulate, Relate and
Reason

Reflect: Are there
situations or times
when the stories we
tell ourselves or
how we show up
gets in the way of
our work?

Learning: Sequence of Engagement



MINDFUL OF MICROINTERACTIONS

Voice Volume

Deficit Thinking

Head Movements

Spoken

Posture

Eye Movement

Unspoken

Inclusive v. Exclusive

Tone of Voice

Proximity

Facial Expression

The Web of Microinteractions
(the subtle things we say and do)
(the currency of relationships)



MINDFUL OF MICROINTERACTIONS

Breakout Rooms:

How might a mismatch like this might out in your sector and how could you handle that interaction differently?

Are there situations or times when the stories we tell ourselves or how we show up gets in the way of our work with those we serve or work with?

What kind of self-care would you need before and/or after an interaction like that?



When a trout rising to a fly gets hooked and finds himself unable to swim about freely, he begins a fight which results in struggles and splashes and sometimes an escape....



In the same way, the human struggles ... with the hooks that catch him. Sometime he masters his difficulties; sometimes they are too much for him.

The struggles are all that the world sees, and it usually misunderstands them. It is hard for a free fish to understand what is happening to a hooked one.

Karl A. Menninger, American Psychiatrist, "The Human Mind"